WAC 296-842-22020 Follow procedures established for seal checking respirators. Make sure employees perform a user seal check as outlined in Table 21 each time the respirator is worn, to make sure the seal is adequate.

IMPORTANT:

- 1. User seal checks are \mathtt{NOT} a substitute for fit tests. See WAC 296-842-22010 for fit test procedures.
- 2. You may use a seal check procedure recommended by the respirator manufacturer instead of the procedure outlined in Table 21 if you can demonstrate the procedure is based on a scientific study that, for example, demonstrates the procedure effectively identifies respirators that fit poorly when put on or adjusted.

Table 21

User Seal Check Procedure

Important information for employees:

You need to conduct a seal check **each time** you put your respirator on **BEFORE** you enter the respirator use area. The purpose of a seal check is to make sure your respirator (which has been previously fit tested by your employer) is properly positioned on your face to prevent leakage during use and to detect functional problems

The procedure below has two parts; a positive pressure check and a negative pressure check. **You must complete both parts each time.** It should only take a few seconds to perform, once you learn it

If you cannot pass both parts, your respirator is NOT functioning properly, see your supervisor for further instruction.

Positive pressure check:

- 1. Remove exhalation valve cover, if removable.
- 2. Cover the exhalation valve completely with the palm of your hand **WHILE** exhaling gently to inflate the facepiece slightly.
- 3. The respirator facepiece should remain inflated (indicating a build-up of positive pressure and **NO** outward leakage).
 - a. If you detect NO leakage, replace the exhalation valve cover (if removed), and proceed to conduct the negative pressure check
 - b. If you detect evidence of leakage, reposition the respirator (after removing and inspecting it), and try the positive pressure check again.

Negative pressure check:

4. Completely cover the inhalation opening(s) on the cartridges or canister with the palm(s) of your hands WHILE inhaling gently to collapse the facepiece slightly.

If you cannot use the palm(s) of your hands to effectively cover the inhalation openings on cartridges or canisters, you may use:

Filter seal(s) (if available)

OR

Thin rubber gloves.

5. Once the facepiece is collapsed, hold your breath for 10 seconds **WHILE** keeping the inhalation openings covered.

User Seal Check Procedure

- 6. The facepiece should remain slightly collapsed (indicating negative pressure and NO inward leakage).
 - a. If you detect NO evidence of leakage, the tightness of the facepiece is considered adequate, the procedure is completed, and you may now use the respirator
 - b. If you detect leakage, reposition the respirator (after removing and inspecting it) and repeat BOTH the positive and negative fit checks.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, and 49.17.060. WSR 17-18-075, § 296-842-22020, filed 9/5/17, effective 10/6/17. Statutory Authority: RCW 49.17.050 and 29 C.F.R. Subpart Z. WSR 09-19-119, § 296-842-22020, filed 9/22/09, effective 12/1/09. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. WSR 07-05-072, § 296-842-22020, filed 2/20/07, effective 4/1/07; WSR 03-20-114, § 296-842-22020, filed 10/1/03, effective 1/1/04.]